COMMUNITY DEVELOPMENT FOR THE PREVENTION OF FAMILY VIOLENCE

City of Edmonton Community Development Social Workers focus on the prevention of family violence by:
- Supporting, promoting and enhancing programs and services for individuals and families affected by family violence.
- Working collaboratively with community stakeholders to identify gaps in service and looking for community solutions.
- Providing training to professionals and communities on family violence prevention.
- Promoting awareness through public events.

GROUPS FOR MEN

From Chaos to Peace
Eight weekly evening sessions for men who have experienced intimate partner abuse.

Purpose
- Personal self-care including safety planning.
- Education of spousal abuse dynamics.
- Support network building.
- Group Support.
- Developing a healthy sense of self and others.

Groups are offered in the Spring & Fall.
* A pre-group interview is required.

Free, quality childcare is available onsite for group participants.

GROUPS FOR WOMEN

Drop-In Groups
Information and support groups for women take place weekly throughout the year at three different locations in Edmonton. Please call and talk to a social worker at 780-496-4777 if you’d like to come to this year-round drop-in group. We will give you the group address over the phone. You can come once or as often as you like, whatever works best for you.

Making Connections
A three-phase model to increase understanding of abuse for women who have experienced abuse in their intimate partner relationships:
- Phase I: Increased Awareness of Abuse
- Phase II: Learning About Ourselves
- Phase III: Advocacy

Registered groups are held weekly for 8-12 weeks per phase. The groups provide support, education and opportunities for healing in a safe environment.
* A pre-group interview is required.

GROUPS FOR OLDER ADULTS

Relationships with Your Adult Children
A drop-in group for those 60 years and older who are having problems with their adult children.

The group helps participants to:
- Connect with others who have similar concerns.
- Get support to be able to say no.
- Get information that will help you to make changes in your relationships.
- Create different choices in resolving family issues.

*This group is sponsored by a number of seniors-serving organizations.
WHAT IS FAMILY VIOLENCE?

Family violence is abusive behavior used to control or hurt another family member or partner.

Abusive behavior includes:
- Physical violence (hitting, slapping, pushing, etc.).
- Emotional abuse (name calling, put-downs).
- Financial abuse (one person controls the money).
- Sexual abuse (forcing their partner to have sex or unwanted sexual acts).
- Neglect of a dependent family member.
- Damage to property.
- Injuring pets.
- Threats to do any of the above.

Abusive behavior often results in a partner feeling afraid and controlled.

A relationship is abusive if a person:
- Feels like they’re always “walking on eggshells”.
- Dominates or controls the other.
- Keeps the other from seeing family or friends.
- Uses name-calling or putdowns.
- Damages the other’s property.
- Shows extreme jealousy or possessiveness.
- Pushes, hits or physically restrains the other.
- Forces sexual touching or sex.

WHAT IS FAMILY VIOLENCE?

Forces sexual touching or sex.

Pushes, hits or physically restrains the other.

Shows extreme jealousy or possessiveness.

Damages the other’s property.

Uses name-calling or putdowns.

Keeps the other from seeing family or friends.

Dominates or controls the other.

Feels like they’re always “walking on eggshells”.

Injuring pets.

Damage to property.

Neglect of a dependant family member.

Sexual abuse (forcing their partner to have sex or unwanted sexual acts).

Emotional abuse (name calling, put-downs).

Financial abuse (one person controls the money).

WHAT IS FAMILY VIOLENCE?

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